

## Şerif Türkkal (MSc)

### Personal Information

Name: Şerif Türkkal

Title: MSc. Psychologist

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Gazimağusa, North Cyprus

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### Education

2013- Present University of Nicosia, PhD in Clinical Psychology

2011-2012 Leiden University (The Netherlands), Child and Adolescence Psychology

2007- 2009 Middle East Technical University, Psychology

Department (Graduated as the highest ranking student of METU NCC Psychology Department (CGPA 3.59 over 4).

2008 Summer Fulbright Commission Scholarship 'Academic Term Program' at Johns Hopkins University as a summer school

### Work Experience

2015- Present: Full time, Senior Instructor at Eastern Mediterranean University, Psychology Department

2013-2015: Part-time, Senior Instructor at Eastern Mediterranean University, Psychology Department

2016-2017 Summer: Trainee Clinical Psychologist at Kirikkale University Hospital, Psychiatry Unit

2014– 2016: Trainee Clinical Psychologist at KESY (The Therapy Centre of University of Nicosia)

- *Types of Interventions offered under supervision so far;* Individual Psychotherapy, Play therapy, Couple Counseling, Parent Counseling, Family Counseling
- *Types of Cases;* Children, Adolescents, Couples, Families, Adults (Anxiety Disorders [Social Anxiety, GAD] Trichotillomania, Depression, Panic Disorder, Attachment related issues, Delusional Disorder)

2014-2016 Research Assistanship to Dr. Marios Adonis, Relaxation Techniques for Lowering High Blood Pressure, University of Nicosia

2012 Volunteer job as psychologist at a foundation in Nicosia for women and children (Sosyal Riskleri Önleme Vakfi)

2011 Trainee Child and Adolescent Psychologist at Leiden University

- Psychotherapy with Behavioral and Cognitive Behavioral Techniques with a child and adolescent case

2011 Research Assistantship at Leiden University Brain and Development Lab

2009 Summer Internship at ELA as an assistant teacher

-ELA is a special education center for children with disabilities

### Courses Offered

Years	Semester	Course Code	Course Title	Group Nbr.	Nbre of St.
2013-2014	Fall	PSYC 100	General Psychology	1	35
		SOC 103	Introduction to Sociology	2	80
		PSYC 447	Counseling Psychology	1	3
		PSKL 111	Psikoloji Bilimi	3	100
	Spring	PSKL 111	Psikoloji Bilimi	3	150
		PSYC 441	Klinik Psikoloji	1	35
		PSYC 342	Psychopathology	1	60
2014-2015	Fall	PSYC 100	General Psychology	1	35
		PSKL107	Psikolojiye Giriş I	2	85
	Spring	PSYC 447	Counseling Psychology	1	40
		PSKL109	Psikolojiye Giriş II	2	85
		PSYC342	Psychopathology	1	70

		PSYC441	Clinical Psychology	1	35
2015-2016	Fall	PSYC447	Counseling Psychology	1	88
		PSKL441	Clinical Psychology	1	36
		PSKL340	Kişilik Kuramları	1	89
		PSKL107	Psikolojiye Giriş I	2	118
	Spring	PSYC441	Clinical Psychology	1	41
		PSKL342	Psikopatoloji	2	104
PSYC342		Psychopathology	2	107	
2016-2017	Fall	PSYC447	Counseling Psychology	2	79
		PSKL447	Danışmanlık Psikolojisi	2	100
		PSYC441	Klinik Psikoloji	1	30
	Spring	PSYC441	Clinical Psychology	1	60
		PSKL441	Klinik Psikoloji	2	101
		PSKL342	Psikopatoloji	1	71
		PSYC342	Psychopathology	2	82

2017-2018	Fall	PSYC 447	Counseling Psychology	2	60
		PSKL 447	Danışmanlık Psikolojisi	2	82
		PSYC 342	Psychopathology	1	53
		PSKL342	Psikopatoloji	1	92
	Spring	PSYC 441	Clinical Psychology	1	62
		PSKL 441	Klinik Psikoloji	2	87
		PSYC 512	Developmental Psychopathology	1	5

2018-2019	Fall	PSYC 447	Counseling Psychology	1	56
		PSKL 447	Danışmanlık Psikolojisi	2	90
		PSYC 111	Psikoloji Bilimi	1	30

## Presentations

2015: Gazi Antep RAM, Cognitive Behavioral Therapy

2013 – March: The Association of Turkish Cypriot Doctors, Workshop for Preventing

Violence against Women

- Presentation topic: Anger management strategies as a mode of counseling for the perpetrator

2013 – April: Middle East Technical University- The Northern Cyprus Campus, Psycolloquia Series

- Presentation topic: The Effect of Over-Protective Parenting in the Development of Social Anxiety in Adolescent Population

2013 – May: Balikesir Primary School

- Presentation topic: Preventing Bullying in Primary schools and Effective Communication Strategies for School Age Children Research Interests

### **Research Interests**

- Identity, Identity Confusion, Ethnic Identity Development, Social Phobia, Negative Rumination, Psychopathology, Cognitive Dissonance, Parental influence on child development and psychological problems
- Master Thesis: *“The Role of Parental Over-protection on Rumination Mediated by Negative Self-Beliefs”*

### **Activities & Scholarships**

2016 – 2017 : Volunteer job: Social empowerment and psychological interventions/activities for inner-city children in Nicosia

2011 : University Hospital of Leiden, fMRI Safety Training

2011- 2012: European Union Turkish Cypriot community Programme Scholarship for the Academic Education

2009-2011: Middle East Technical University High Honor and Merit scholarships

2009 : Fulbright Commission ‘ Academic Term Program’ at Johns Hopkins University as a summer school scholarship

2007- 2011: TRNC Ministry of Education Achievement Grant during undergraduate study

2005 – 2006 : Leadership at “Student Committee” to assert students’ rights

2004 : Fulbright Commission scholarship for Leadership and cross cultural education under the name of “Youth Summer Camp Program”